









Clarifying the Natural State

... with Venerable Khenchen Thrangu Rinpoche Wednesday 22 July to Saturday 25 July, 2009



"The words of Dagpo Tashi Namgyal are unique in that they are adorned with plenty of pithy advice from his personal experience. Therefore, practitioners are greatly benefited by his instructions on how to remove hindrances and progress further. His methods for practicing Mahamudra, found in such books as Moonbeams and Clarifying the Natural State, are preeminent. Of these, Clarifying the Natural State is indispensable as it focuses exclusively on practice." Thrangu Rinpoche, 2001

Natural State *is indispensable as it focuses exclusively on practice.*" Thrangu Rinpoche, 2001 Khenchen Thrangu Rinpoche is the highest scholar of the Kagyu lineage, and among his myriad Dharma responsibilities, he is the tutor to His Holiness the XVII Karmapa, Urgyen Trinley Dorje.

	Wednesday 22	Thursday 23	Friday 24	Saturday 25
10.00 am		Meditation	Teachings	Teachings
– 12.00 pm		taught by	Thrangu Rinpoche	Thrangu Rinpoche
_		Tulku Damcho		
2.00 pm		General Buddhist	General Buddhist	Chenrezig
– 4.00 pm		questions	questions	empowerment /
_		Khenpo Lobsang	Khenpo Lobsang	Mandala offering
8.00 pm	Public talk	Public talk	Public talk	
– 9.00 pm	'How to be happy'	'How to be happy'	Thrangu Rinpoche	
•	Karma Choephel	Karma Choephel	•	



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\mathcal{U} .	Rinpoche, <i>Clarifying the Natural State</i> , 2009 Booking Form
Name:	
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T •1	(please put me on your mailing list \Box)
public talks are not included in this co Thrangu House can have a discount of 5	£50 per day, or £120 for all three days (Thursday, Friday, Saturday). The est: Wednesday and Thursday cost £5 each; Friday costs £10. Members of 50% on these costs. Course fees must be paid in advance. Interviews are to Monday 27 July. Members have priority choice of interview times.
for all three days. I am / am not (please s my payment made by chq / cash for the .	e: I confirm that I would like to attend the teachings on/ send me a membership form □) a member of Thrangu House. I enclose sum of (all cheques made payable to The Thrangu not like an interview, if possible at (time) on (date).
Please cut out and return this book	sing form with your payment to: The treasurer, Thrangu House,

42 Magdalen Road, Oxford, OX4 1RB. For further info, please call the secretary on 01865 241555.