

booking form

Interviews

This year, interviews with Rinpoche will be held during the week, from Monday to Thursday, 4.30–5.30pm. Due to high demand, interview times will be restricted over the weekend, with short (1-minute) blessings running back to back from Friday to Saturday, 4.30–5.00pm. If you would like to book an interview with Rinpoche, please indicate your preferred time here:

Mon Tues Weds Thur Fri Sat, Time

Course Fees

Please tick the box indicating the fee structure that applies to you.
 For people attending the whole course (23 Sept–30 Sept), £30 per day, ie £240. This fee includes access to all teachings and talks, including the public talk given by Rinpoche on 22 Sept.

For people attending individual days—£50 per day.

Members (sponsors of Thrangu House)—£20 per day.

Volunteers and Thrangu House Sangha members can have a negotiable concession.

Ordained Sangha and Ngagpas, and anyone who has completed a three-year retreat, can attend any teaching for free.

"I will attend the entire course/following days (delete as appropriate and fill in the following space if necessary)"

If you are paying a fee, you may pay it entirely in advance if you wish. At the least, you must pay a £50 non-refundable deposit if you wish to attend any teachings, the balance to be paid during the teachings. Please send your fee/deposit by cheque made out to *The Thrangu Rinpoche Trust*.

"I am sending you the full fee/a deposit (delete as appropriate) of, the balance of to be paid during the teachings."

Name _____

Address _____

Postcode _____

Telephone _____ E-mail _____

- I am a student of Thrangu Rinpoche.
- I want to be kept informed of events and receive newsletters. Please include me on your mailing list.
- I would like you to send me a standing order form so that I can make a regular contribution towards the running of Thrangu House.

Cut out and return the form with any payment, to the address below.

The Thrangu Rinpoche Trust
 Thrangu House, 42 Magdalen Road, Oxford, OX4 1RB
 phone: +44 (0)1865 241555, fax: +44 (0)1865 241555
 email: secretary@thranguhouse.org.uk
 web: www.thranguhouse.org.uk

Timetable

Sat 22 Sept	Sun 23 Sept	Mon 24 Sept	Tues 25 Sept	Weds 26 Sept	Thurs 27 Sept	Fri 28 Sept	Sat 29 Sept	Sun 30 Sept
7.00–8.00pm Thrangur Rinpoche public talk	7.00–8.00pm Thrangur Rinpoche public talk	7.00–9.00am Meditation and self-practise 10.00–12.00pm Lojong teaching	7.00–9.00am Meditation and self-practise 10.00–12.00pm Lojong teaching	7.00–9.00am Meditation and self-practise 10.00–12.00pm Lojong teaching	7.00–9.00am Meditation and self-practise 10.00–12.00pm Lojong teaching	7.00–9.00am Meditation and self-practise 10.00–12.00pm Lojong teaching	7.00–9.00am Meditation and self-practise 10.00–12.00pm Mahamudra teaching	7.00–9.00am Meditation and self-practise 10.00–12.00pm Mahamudra teaching
2.00–4.00pm Green Tara empowerment for the Nepali community	2.00–4.00pm Khenpo teachings 4.00–5.00pm Yoga interview*	2.00–4.00pm Khenpo teachings 5.00–6.00pm Lobsang Dorje Chenrezig puja	2.00–4.00pm Khenpo teachings 5.00–6.00pm Lobsang Dorje Chenrezig puja	2.00–4.00pm Khenpo teachings 5.00–6.00pm Lobsang Dorje Chenrezig puja	2.00–4.00pm Khenpo teachings 5.00–6.00pm Lobsang Dorje Chenrezig puja	2.00–4.00pm Lojong teaching	2.00–4.00pm Mahamudra teachings 5.00–6.00pm Lobsang Dorje Chenrezig puja	2.00–4.00pm Milarepa empowerment and Mandala offering

* Anyone who practises yoga with Maarten Vermasse or other groups at Thrangu House is welcome to attend this group interview.
 ** Long-term disciples of Rinpoche are invited to attend this interview. The time is flexible—Please speak to the secretary for arrangements.